

ADULT IMMUNIZATIONS

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Please review the latest immunization guidelines outlined below with your doctor at your next visit. Those vaccines in red are **NOT** publicly funded by the Ministry of Health and may be purchased privately. For further vaccination information visit: CANImmunize.ca

VACCINE	NOTES
<u>PNEUMOCOCCAL PNEUMONIA:</u>	
- Prevnar 13 *	-1 dose ages 18+ years
- Pneumovax	->65 yrs old and/or high risk individuals -Booster x 1 in 5 years for high risk individuals
<u>SHINGLES:</u>	
Shingrix *	-Adults ≥50 yrs & those immunocompromised -Ideal vaccine for shingles (>90% effective) -2 doses given 2-6 mos apart
Zostavax	-Adults 50+ -Only 51% effective BUT publicly funded for ages 65-70 -1 dose
<u>INFLUENZA:</u> Flu Shot	-All adults annually in the fall
HUMAN PAPILLOMA VIRUS (HPV) Gardasil 9	-HPV is associated with several cancers (cervical, penile, anal, vulva, oral cavity, throat) & genital warts -All adults at risk (18 – 45 yrs+) if not given in childhood
Tetanus/Diphtheria/Pertussis	-Booster x 1 regardless of last tetanus shot date to enhance pertussis (whooping cough) immunity -All women in 3 rd trimester of pregnancy
Tetanus/Diphtheria	-All adults every 10 yrs